

The Breaks... All Day Snacks

Minimum 10 person order.

Morning Meeting Snack Platter

Cinnamon Crumb Coffee Cake
Nuts, Dried Fruits
Molasses Fruit and Granola Bars
Yogurt and Fruit Parfait
Assorted Pound Cakes
Pretzels, Fresh Vegetables and Nuts
Seasonal Fruit Salad
Assorted Mini Quiche
assorted Soft Pita, Guava Lemonade

Build your Own Trail Mix Bar

Toasted Oats, Mixed Nuts, Assortment of Seeds and Grains, Dry Fruits, M&M, Toasted Coconut

The Chocolate Factory Platter

Assorted Chocolate Brownies, Chocolate Dipped Strawberries, Chocolate dipped French Macaroons, White Chocolate Macadamia Cookies, Chocolate Chip Cookies

South of the Boarder Break

Original Tortilla chips, Organic Blue Corn Tortilla Chips, Mild and Spicy Salsas, Roasted Elote (Corn) Salad Black Bean Queso Dip, Guacamole, Guava Lemonade

Sweet and Salty Break

Kettle Corn, Chocolate Covered Pretzels, Candied Nuts, Cashew Brittle, Apple Wedges with Sea Salted Caramel Dip

Healthy Break

Iced Green Tea, Coconut Waters, Local Nuts & Seeds, Seasonal Fresh Fruit, Granola Bars, Dried Fruits, Assorted Cheese

Vegetarian Break

Assorted Hummus - Traditional Hummus, Garlic Hummus, Roasted Red Pepper, Tomato Wedges, Cucumbers Coins, Spicy Mediterranean Pickles, Roasted Sumac Carrots, Charred Broccoli, Roasted Pepper and Olive Crostini, Chilled Iced Tea

Taste of the Mediterranean Break

Traditional Hummus, Baba Ganoush, Cucumber and Mint Tzatziki Yogurt dip, Falafel with Tahini Sesame Sauce, Dolmades, Spicy Pickles, Pita Chips, Assorted Soft Pita, Guava Lemonade

Coffee and Donut Break

Chef's Choice of Assorted Cake and Yeast Homemade Doughnuts, Freshly Brewed Regular and Decaffeinated Coffee, Cream, Herbal Tea

Protein Boxes

Two cage-free hard-boiled eggs, sliced tart apples, grapes, Tajin Seasoning and white Cheddar cheese together with hummus spread in this protein-packed lover's dream



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(continued)

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Gourmet Meat and Cheese Break Platter

Assorted Dips, Cheese Cubes, Dried Fruits, Italian Meats, Nuts, Olives, Pickles, Specialty Dried Goodies

High Tea Break

Mini Finger Sandwich Display:

Chicken Salad Finger Sandwiches

Herb Crusted Roast Beef - Cheddar, horseradish cream, micro greens, Finger Sandwiches

Ham and Brie – Serrano Ham, Sliced pear or apple, Creamed Brie, Pickled Bermuda Onions, Petite Baguette

Smoked Scottish Salmon Pinwheel- Capers, Fresh Dill, Blood Orange oil and Crème Fraiche,

White Bread Cucumber Sandwich - Hot House Cucumber, Garlic-Chive Cream Cheese, Open faced white

Chef's Choice - Scones, Preserves, Double Cream, Whipped Butter

Selection of English Teas – Cream, Sugar, Honey, Lemon

Mini Dessert assortment such as Lemon tart topped with cream and berries, Assorted French macaron, mini cakes

